



INTEGRAL  
BODY  
INSTITUTE



BODY  
AWARENESS  
INSTITUTE

**BIODYNAMIC BREATHWORK**  
Trauma Release System

**CERTIFICATE OF COMPLETION**

Awarded to

**Benjamin Kowal**

In recognition of successfully completing  
**Online Biodynamic Breathwork & Trauma Release Practitioner Training**

Giten Tonkov – Training Director

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This Training Approved by:

